



Mental Health Coalition Verde Valley

“Stronger Than Stigma”

presents

Mental Health Awareness Week

May 11-16, 2015

**Speakers, Panels, Films
& Community Conversations**

Bringing Change to Minds

**Is Alzheimer’s or Memory Loss an Issue
for You or Someone You Know?**

**Please Join Us for a Special Showing of “Alive Inside”
The Most Awarded Documentary of 2014**



ALIVE INSIDE is a joyous cinematic exploration of music’s capacity to reawaken our souls and uncover the deepest parts of our humanity. Filmmaker Michael Rossato-Bennett chronicles the astonishing experiences of individuals around the country who have been revitalized through the simple experience of listening to music. His camera reveals the uniquely human connection we find in music and how its healing power can triumph where prescription medication falls short.

This stirring documentary follows social worker Dan Cohen, founder of the nonprofit organization Music & Memory, as he fights against a broken healthcare system to demonstrate music’s ability to combat memory loss and restore a deep sense of self to those suffering from it. Rossato-Bennett visits family members

who have witnessed the miraculous effects of personalized music on their loved ones, and offers illuminating interviews with experts including renowned neurologist and best-selling author Oliver Sacks (*Musicophilia: Tales of Music and the Brain*) and musician Bobby McFerrin (“Don’t Worry, Be Happy”). An uplifting cinematic exploration of music and mind, **ALIVE INSIDE**’s inspirational and emotional story left audiences humming, and cheering at the 2014 Sundance Film Festival, where it won the Audience Award.

Tuesday May 12, 1:30PM

Sedona Community Center, 2615 Melody Lane, Sedona

Admission is FREE thanks to the Sedona Community Center but space is limited. Reserve your seat by calling Barbara Litrell

649-0135 or blitrell@aol.com

For a full listing of all Mental Health Awareness Week Events

www.MentalHealthCoalitionVV.org or call 649-0135